

TORPOINT and RAME PENINSULA

u3a



*Newsletter
Summer 2026*



Committee Members

Chairperson: Ann Turner

Treasurer: Ian Egginton-Meters

Secretary: Kim Brownhill

Membership: Margarete Poet

Speaker Coordinator: Jennifer Gibson

Group Co-ordinator: Val Jordan

Committee Members: Liz Undy

Ann Sawyer

Non Committee Posts:

Web Master: Ian Egginton-Meters

Newsletter: Carie Sauzé

MONTHLY MEETINGS

Meetings are held monthly at 1000 on the fourth Wednesday of the month, in Torpoint Council Chambers, York Road, Torpoint and all are welcome. We

have a guest speaker and a chat over a cup of tea or coffee and biscuits (please bring £1 for your refreshments). Prospective members are welcome to come along for a trial visit to see if they like us,

so

please tell your friends. Don't forget, we now have a raffle at the monthly meetings - £1 a ticket!



Art Group

In Art Group we have been thinking about "value" in different tones in a composition and how important it is to differentiate between lights and darks in a composition in order to make the background recede and the foreground stand out more. We are currently trying out different techniques for working with pastels for the first time, including types of pastels and papers and how to blend. Future projects include experimenting with charcoal and also using black paper as a background and using white to make an interestingly lit composition.

We have space for more members if anyone is interested in trying us out. We are a friendly group and the main aim is to have fun making marks on paper and enjoying the process of making art and not producing masterpieces. We meet the first and third Fridays of the month in the attic room of Millbrook Village Hall (there is a stair-lift available). The monthly cost is £5 to cover the cost of hiring the room.

For more information please contact:
Carie Sauzé



Craft Group

Members of the Craft group attended the Wilcove WI "Craft Stash Sale", lots of friendly chat, homemade cakes and £450 raised for the Cornwall Air Ambulance.



For more information please contact:
Ann Sawyer



Raffle Prizes

The committee is always looking out for quality raffle prizes for our monthly draw. Please contact any committee member if you have something suitable to donate. Thank you.



Dining Out Group

Our Dining Out Group's last two events were The Edgcumbe Arms in May and Basilico Blu (Italian) in June. No event in July due to holidays.

We are a very full group but if anyone wishes to join us please contact me and I will fit you in when I can.

Jackie Brayshaw



E-Bike Group

Some of the E-bike cyclists had a wonderful holiday in Somo, northern Spain, together with other friends both cycling and non-cycling. Here are some of us in Ajo, Cantabria. We continue to meet alternate Mondays for local rides.

Val Jordan



Explorers Group

Our meeting in June was near Buckland Monochorum, at the beautiful Wildside Gardens, followed by lunch at Long Ash Garden Centre. Our next trip will be a museum visit and lunch at Jamaica Inn on 6th July. Future trips planned (times tbc):

Monday 7th September - Eglaroose vineyard wine tasting (Rame Peninsula)

Wednesday 30th September - Brimpts Farm tin mining exhibit and trail and cream tea (Dartmoor)

Val Jordan



Family History Detectives

If you are struggling to get started or have hit a brick wall then this group might be able to help. Join us to chat and to share knowledge. We meet every 3rd Wednesday 2-4pm at the Carbeile Inn, We had our first meeting 15th July. Please contact Ann for dates of next meeting.

Ann Sawyer



French Conversation

We are now taking a break until Tuesday 8th September. We will be keeping in touch with each other by blogging in our WhatsApp group over the holidays. A happy Summer break to everyone, and salut/santé from the French group. As always, newcomers are welcome and we look forward to meeting up again.

Jan Howe





Italian Group

We have finally got to the end of the GCSE book and are now revising what we have learnt before we break for the summer. The numbers in the group are constant and enthusiastic. Before September we will consider other topics to make our meetings interesting. We decided a text book was not the way forward for us.

Margarete Poet



Photography Group

We've been travelling a bit farther afield as the weather has warmed up, visiting Burgh Island, Noss Mayo and Treffry Viaduct, Luxulyan. We meet 2nd Wednesday of the month wherever the Group decides. Most people use their smartphone, and some use their camera as well. We have a 'show and tell' meeting every August to share our photos. Car-share is possible & we usually have a cuppa/snack afterwards. Pooches are always welcome. We continue to have new members joining and if you would like to join us, you would be very welcome.

contact: **Julie Fortt**



K9 Capers



K9 Capers is a small group recently set up specifically for dog walkers.

There are currently 5 members with 1 place available.

The group is restricted to 6 members to minimize the risk of stressful situations arising with a pack of dogs.

We met up initially at Mt.Edgecumbe to introduce the dogs to each other to see how they got on. Fortunately all went smoothly.

If and when a sixth person wishes to join it is important that their dog fits in with the pack we don't want the stress of keeping dogs apart.

We aim to do 2 walks a month on the 1st and 3rd Tuesdays. However we will be as flexible as possible when needed to accommodate the majority of members.

So far we have done 2 other walks one at Pigshill and Clarrick woods and the other along the Leat at Burrator.

Both were very enjoyable for us and the pooches and ended with welcome refreshments.

It is hoped that each member will choose a walk and possibly we will try new walks exploring new terrain.

Once we have 6 members it will be a closed group any other dog walkers wishing to do something similar would have to form a second group.

Anyone wishing to join us please contact me:

LynnStamp





Play reading group

The play readers continue to meet twice a month working on various pieces. We are also working on a special project currently, which has been written by Sue Lea, which we hope to be able to perform in the new year at one of the main monthly meetings. Watch this space!

For further information contact
Kim Brownhill



Quilting Group

I met up with Mo our local Linus organiser in St Budeaux at her recent workshop. Kim Brownhill and I took another eight quilts that our group had made. It was lovely to meet other quilters at the workshop. All quilts have to be checked for pins and loose threads before being labeled and numbered. A big thankyou goes to the members of our quilting group who find time to make these quilts. Also an unsung hero Sheila Newell who is a member of our u3a and makes quilts for Linus. We have three more quilts being made at the moment.

Ann Turner



Rogue Writers

Rogue Writers is going well with a strong core group who meet regularly. There are a couple of places available if anyone wants to try out their writing skills in a supportive environment.

Sue Lea



Spanish Conversation Group

"¡Hola, el grupo de español se reúne cada mes el segundo y el cuarto martes. Todo es bienvenido!"

However the Spanish Group haven't met up recently due to the three ongoing members enjoying holidaying in Spain and other foreign destinations and hopefully improving our Spanish conversation! We will resume when we can.

If you're interested please contact:
Martin Sauzé

Sunday Dining Out

For more details on this group please contact
Linda Miles



Calendar of Monthly Speakers

22nd July - Voice of 'Cashier No 3' and crime thriller author': **Terry Green**

26th August - Summer Social in Benodet Park

23rd September - 'TV Producer, Director, Cameraman': **Alex Leger**

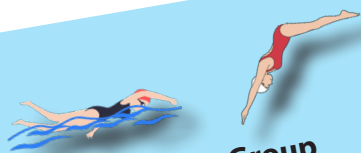
28th October - The history of the Submarine Service:
Ian Whitehouse

Jen Gibson
Speaker Coordinator



Book Swap

Don't forget the monthly book swap. Bring a book to the monthly meetings and take a new one home with you



Swimming Group

The swimmers have been exercising and enjoying themselves. It has been good to have the water available in this hot weather.



For further information please contact
Margarete Poet



Calling all members

What's on your bucket list?

Is there some unfulfilled ambition lurking at the back of your mind?

We are always looking for ideas and suggestions for new groups to enhance our u3a.

Especially ideas that might be of greater interest to our gentlemen members as the committee feels that perhaps a number of our groups are currently female oriented.

So please get your thinking caps on and see what you can come up with, maybe over a pint, hey that could be an idea??!!

Any suggestions to Val or any committee member.



We are not a Book club

The group met for the first time at the Carbeile Inn on 13 May at 2pm (we meet every second Wednesday of the month) and we had such fun discussing nursery rhymes and their meanings; we also shared a few childhood memories. Our second meeting took place on 10 June when we looked at newspaper and magazine articles. The subjects we chatted about ranged from gardening to education to the use of pesticides and to tattoos amongst many other topics. We were warmly welcomed by the staff of the Carbeile Inn who didn't seem to be bothered by our chatter and laughter. Our next get together will be on something totally different - paintings.



Ann Sawyer



Walking Group

Since the last newsletter we have been beset by weather-related problems (heavy rain, strong winds and more recently high temperatures). There have been only two cancellations and we have done our best to have some kind of a walk despite the weather. We have many members and some walks are more populous than others and members are happy to meet, divide into separate groups and set off in different directions when we have 30+ attendees - often meeting at the end for refreshments. We are getting better with car sharing and using public transport to reach our starting points. This has become as much social walking as an exercise session. We all agree that, using the modern jargon, being part of this group is good for our mental wellbeing as well as our physical health.



Liz Undy

Thank You

A big thank you to group leaders and the committee for all your articles and photos and to Kim for always being so quick to proof read the draft version! It makes my job so much easier!

Carie Sauzé
Newsletter Editor



Thank you tea



All the group leaders who were able, attended a cream tea in Kardkadia as a thank you from our u3a for all their hard work leading the groups during the past year. It was a lovely opportunity to get together and talk about our groups and how we run them. Those who weren't able to make it weren't left out as they were treated to a box of chocolates - yum!